| MEN - MODERN FIT |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Standard | S | M | L | XL | 2 XL | 3 XL | 4 XL | 5 XL |
| A | Collar | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 |
| B | Chest | 111 | 117 | 123 | 131 | 137 | 147 | 157 | 167 |
| C | Waist | 101 | 107 | 113 | 121 | 127 | 142 | 152 | 162 |
| D | Long sleeve length | 65 | 65 | 67 | 68 | 68 | 68 | 69 | 69 |


| MEN - SLIM FIT |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Standard | S | M | L | XL | 2 XL |
| A | Collar | 37 | 39 | 41 | 43 | 45 |
| B | Chest | 102 | 108 | 114 | 120 | 126 |
| C | Waist | 91 | 97 | 103 | 109 | 115 |
| D | Long sleeve length | 68 | 68,75 | 68,75 | 68,75 | 69 |


| LADIES - MODERN FIT |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Standard | S | M | L | XL | 2 XL | $3 X L$ | 4 XL |
| B | Chest | 90 | 96 | 102 | 108 | 114 | 120 | 126 |
| C | Waist | 80 | 86 | 92 | 98 | 104 | 110 | 116 |

## SIZE MEASUREMENT CHART

With the size measurement chart from Seven Seas you will find the right size straight from the beginning.

The size measurement chart is the essence of various standard measuring methods.

All measurements are in centimeters.

The size specifications depend on correct washing and drying of the product.


## MEN

(A) Collar width is to be measured at the collar from the middle of button to end of buttonhole.
(B) Chest width is to be measured at the widest point.
(C) Waist width is to be measured at the slimmest point.
(D) Long sleeve length is to be measured from shoulder to wrist.

## LADIES

(B) Chest width is to be measured at the widest point.
(C) Waist width is to be measured at the slimmest point.

